Have a heart to heart with your doctor

Making the connection between type 2 diabetes and cardiovascular disease is very important. Taking action to learn more about diabetic heart disease, and to reduce your risk for heart attack, stroke, or death, is even more important. Here are some key questions to ask your doctor on your next visit:

♥ What is the connection between type 2 diabetes and my heart?
♥ Is it true that I’m still at risk for heart attack or stroke even if I’ve reached my A1C goal?
♥ How do I know if I’m at high risk for a heart attack or stroke?
♥ How can I reduce my risk for cardiovascular disease?
♥ If I’m on other heart medications, like medications for blood pressure and cholesterol, am I still at risk?
♥ Is there a treatment option that might be appropriate for me?